

# Mad in America

Science, Psychiatry and Community





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## Anti-Authoritarians and Schizophrenia: Do Rebels Who Defy Treatment Do Better?



Posted on [May 4, 2012](#) by [Bruce Levine, Ph.D.](#) 

Preface: Failing in my efforts to get this article published for the general public, apparently only here can I

talk about a “cool subculture of anti-authoritarians” and how the Harrow study shows medication resisters have greater recovery.

## **Anti-Authoritarians and Schizophrenia: Do Rebels Who Defy Treatment Do Better?**

While many Americans are troubled by psychiatry’s over medicating of children, and they doubt the legitimacy of some psychiatric illnesses such as “oppositional defiant disorder,” few question psychiatry with respect to schizophrenia, an often frightening phenomenon characterized by hallucinations, delusions, incoherent speech, and bizarre behaviors. But a major long-term study on schizophrenia challenges psychiatry’s authority here as well, and it just may get Americans to pay attention to a group of anti-authoritarians diagnosed with schizophrenia who have recovered without medication or doctors—and have become activists.

In February 2012, University of Illinois College of Medicine researcher Martin Harrow published, [“Do All Schizophrenia Patients Need Antipsychotic Treatment Continuously Throughout their Lifetime? A 20-Year Longitudinal Study,”](#) funded by the National Institute of Mental Health and the United States Public Health Service.

Harrow and his research team found that schizophrenia patients who were “not on antipsychotics [which include “typicals” such as Thorazine and Haldol, and “atypicals” such as Zyprexa, Risperdal, Seroquel, Geodon, and Abilify] for prolonged periods were significantly less likely to be psychotic and experienced more periods of recovery.”

Unseen by most psychiatrists and other mental health professionals, there is a group of people diagnosed with schizophrenia who, at some point, reject doctors and medication and are in recovery. How big is this group? Harrow reports, “Our 20-year data indicate that the subsample of SZ [schizophrenic patients] not on antipsychotics represent a moderate-sized group (30–40%) of SZ”; and many of them, according to Harrow’s results, achieve recovery without doctors. Some within this group are self-identified “psychiatric survivors,” activists who fight against coercive treatments and for informed choice and more treatment options.

### **Welcome to a Cool Subculture of Anti-Authoritarians**

If my sole experience of people who had been diagnosed with schizophrenia was purely a clinical one, I too would be wary of them going off their medication, and I too would have a far less hopeful view of the possibility of recovery. One of my earliest professional positions was as a psychiatric emergency room therapist where I saw many patients who were agitated and acting bizarrely and who were dragged into the hospital by police and family. These patients were diagnosed with schizophrenia, schizoaffective disorder, or some other psychotic disorder. Most of them would in fact calm down after being given medication, and so it is common for police, family, and mental health professionals to view being “off one’s meds” as problematic.

Many mental health professionals, myself included, have seen psychotic relapse among diagnosed schizophrenics who have been “medication noncompliant.” But professionals ordinarily don’t compare this group to those “medication compliant” patients who also relapse or remain chronically psychotic. And most importantly, in their clinical practice, mental health professionals do not routinely see diagnosed

schizophrenics who have recovered without medication and without doctors.

Outside of my practice, I have come to know this group of diagnosed schizophrenics who have long-term recovery without medication. In his research, Harrow discovered them as well and states, “For most SZ [schizophrenia patients] not on medications or not in treatment this was their choice, at times against professional advice.” It is my experience that those who have rejected medication and recovered are virtually all anti-authoritarians who question the legitimacy of authorities and resist those authorities they assess to be illegitimate ones.

I had not heard about psychiatric survivors until 1994, when I was contacted by David Oaks, director of [MindFreedom](#), a coalition of psychiatric survivor organizations from around the world. David, now a good friend, comes from a working class family in the South Side of Chicago and won scholarships to attend Harvard in the early 1970s, but [he says](#), “I didn’t fit in at Harvard, and I was under a lot of stress. Now and again I ingested too much cannabis, to which I’m highly sensitive. I stopped sleeping.” His behavior became erratic with psychotic symptoms (e.g., “thought the CIA was making my teeth grow” and that “a UFO was appearing in my living room”). He was checked into various psychiatric facilities five different times. David recalls, “A dozen psychiatrists diagnosed me as a psychotic. I was told I would have to stay on psychiatric drugs the rest of my life, like a diabetic on insulin. I was told that I was genetically flawed and had a permanently broken brain.”

David ultimately joined the then existing Mental Patients Liberation Front where fellow psychiatric survivors shared stories, went on camping trips, and supported and encouraged each other to exercise and eat better. David graduated with honors from Harvard, and he has been free of psychiatric medication since 1977. Today, he is living in Eugene, Oregon, married, directs MindFreedom, and maintains a busy schedule of organizing and speaking around the world.

I’ve become friends with many other people who were once diagnosed as schizophrenic or with other psychotic disorder but who have moved into long-term recovery without psychiatric drugs (see their [personal stories](#)). They include Alaskan attorney [Jim Gottstein](#), now President/CEO of the [Law Project for Psychiatric Rights](#), and currently a leading organizer of [Occupy the American Psychiatric Association](#) in Philadelphia on May 5. [Will Hall](#), now a psychotherapist and a radio host, co-founded the peer-support organization [Freedom Center](#) in Western Massachusetts along with [Oryx Cohen](#), who is now the Technical Assistance Director at the [National Empowerment Center](#) (NEC).

Oryx and psychiatrist Dan Fisher, NEC director, like the term *lived experience* for those who have experienced hallucinations, delusions, and other “extreme states.” And the mission of NEC is “to carry a message of recovery, empowerment, hope and healing to people with lived experience with mental health issues, trauma, and and/or extreme states.”

Dan Fisher was psychiatrically hospitalized several times prior to becoming a psychiatrist, and he is one of the few psychiatrists in the world who publicly discusses his own recovery from schizophrenia. For anybody who doubts the possibility of full recovery from schizophrenia without psychiatry’s “standard of care” and who could also use a strong dose of morale, I recommend the video [Psychiatrist Daniel Fisher Talks about Hope and Recovery](#).

I have spent time with hundreds of treatment reform activists who were once diagnosed with schizophrenia but who have recovered without medication, and my experience is that they consider themselves lucky to have had family and/or friend support for their choice to resist psychiatric authorities. They tell me that

overwhelming anxiety is often a trigger for relapse, and having family or friends with confidence in the possibility of recovery and in their treatment choices is a great anxiety reducer.

## Harrow's Study

Martin Harrow and his research team enrolled patients from two Chicago hospitals diagnosed with schizophrenia (as well as patients diagnosed with mood disorders with psychosis), so as to examine long-term outcomes. All of the patients had received conventional medication treatments when hospitalized, and then Harrow followed them as their lives unfolded, periodically assessing how well they were doing. The majority of patients continued their antipsychotic medications, while about a third of them did not comply with medication treatment and stopped taking them.

The 20-year results showed that schizophrenia patients (and those patients with mood disorders with psychosis) who took antipsychotic medication regularly during the 20 years actually experienced more psychosis, more anxiety, and were more cognitively impaired and had fewer periods of sustained recovery than those who quit taking antipsychotic medications.

“Recovery,” according to the study criteria, required no psychotic symptoms, no rehospitalizations during the follow-up year, and partially adequate (or better) work and social functioning. Among the schizophrenia patients who remained continuously on antipsychotics throughout the 20 years of the study, only 17% ever entered into any period of recovery during any of the six follow-ups. By contrast, among the schizophrenia patients who remained off antipsychotics after the two-year follow-up and for the remainder of the 20 years, 87% experienced two or more periods of recovery.

Harrow's results are inconvenient for the psychiatric establishment because, as Harrow points out, “Prolonged use of antipsychotic medications is the current standard of care in the field and is viewed as the cornerstone of treatment for SZ [schizophrenia patients].” And the pharmaceutical industry has good reason to want Harrow's study buried, as antipsychotics are now the largest grossing class of drugs in the United States, [grossing \\$16 billion in 2010](#). So, the psychiatric establishment and the corporate press have, for the most part, ignored Harrow's findings.

The psychiatric establishment would like the public to believe that diagnosed schizophrenics who stopped taking their medication and gained recovery must have either been misdiagnosed or were less severely psychotic. However, Harrow makes clear, “At the 2-year assessment there were no significant differences in severity of psychosis between SZ on antipsychotic medications and SZ not on any medications. However, starting at the 4.5-year follow-ups and continuing over the next 15 years, the SZ who were not on antipsychotic medications were significantly less psychotic than those on antipsychotics.”

## Explanations for Harrow's Findings

Harrow concludes that those who stopped taking medication, while not initially different in severity of psychosis than the medication compliant group, are a “self-selected group with better internal resources associated with greater resiliency. They have better prognostic factors, better pre-morbid developmental achievements, less vulnerability to anxiety, better neurocognitive skills, less vulnerability to psychosis and experience more periods of recovery.”

For journalist Robert Whitaker, winner of the George Polk Award for Medical Writing and author *Anatomy of an Epidemic*, the most plausible explanation for why patients not on antipsychotics were significantly less

likely to be psychotic and experienced more periods of recovery is that the medication non-compliant group was not damaged by long-term use of medication.

Whitaker, in “[Interpreting Harrow’s 20-Year Results: Are the Drugs to Blame?](#)” notes, “Those with milder psychotic disorders could be expected to have a better long-term course than those diagnosed with schizophrenia. Yet, the schizophrenia patients off meds fared better over the long-term than those with milder disorders on the medications. If the drugs have long-term iatrogenic effects, wouldn’t that explain this surprising outcome?” Whitaker points out, “Nancy Andreasen [one of psychiatry’s most respected researchers] has reported that antipsychotic usage is associated with a decrease in brain volumes over time, and that this decrease in brain volumes is associated with an increase in negative symptoms and cognitive impairment.”

The Harrow study results offer other support for Whitaker’s explanation of the long-term damage of medication. At the two-year follow up, an equal percentage, about 50% of medication compliant schizophrenia patients and 50% of the medication noncompliant schizophrenia patients, experienced “high anxiety.” But at the 4.5 year mark, 75% of the medication compliant group had “high anxiety,” while only about 20% of the medication noncompliant group experienced “high anxiety,” and this same difference persisted at the 20-year follow up. Harrow notes, “Some have proposed that, over a prolonged period of antipsychotic treatment, supersensitivity of dopamine receptors may occur as a compensation of the brain for many years of reduced dopamine resulting from dopamine blockade,” as many medicated patients develop tolerance for their antipsychotics, which means they need an increasingly higher dosage to reduce their anxiety.

So, was the greater recovery among the medication non-compliant directly caused by what Harrow calls their greater “protective factors” and “internal resources”? Or did those protective factors and internal resources provide some patients diagnosed with schizophrenia the strength and resolve to resist psychiatric treatment and thus not be damaged by the medication?

## **Harrow’s Recommendations**

Harrow’s study does not challenge the idea that for those in the acute phase of a psychotic reaction, the short-term use of some tranquilizing medication can be helpful. Harrow’s results do challenge the idea that all patients diagnosed with schizophrenia or other psychotic disorders need to remain on psychiatric medication throughout their lives.

Harrow’s recommendations, given the study results and the adverse effects of antipsychotics, might sound conservative to the general public but are heretical to the psychiatric establishment. Specifically, Harrow recommends: “If protective factors are present and the SZ [schizophrenia patients] has already shown some periods of recovery, and wants to try a period without antipsychotics, then he/she is a good candidate to try going off antipsychotics, although, as with many other medical procedures, there is no certainty of the results.”

There are some mental health treatment activists in MindFreedom, the Freedom Center, and the National Empowerment Center who utilize medications to reduce their anxiety or to help them sleep so they can function. But Martin Harrow’s study and the lives of David Oaks, Jim Gottstein, Will Hall, Orxy Cohen, Dan Fisher, and many others dispel the myth that people do not fully recover from multiple psychotic states. The fact is that people can experience long-term recovery from schizophrenia and other psychotic states without medication, and for many of these people, rejecting mainstream psychiatric treatment has been their

salvation.

[Bruce E. Levine](#), a practicing clinical psychologist, writes and speaks about how society, culture, politics and psychology intersect. His latest book is [\*Get Up, Stand Up: Uniting Populists, Energizing the Defeated, and Battling the Corporate Elite\*](#). His Web site is [www.brucelevine.net](http://www.brucelevine.net)

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## 34 thoughts on “Anti-Authoritarians and Schizophrenia: Do Rebels Who Defy Treatment Do Better?”

1. Anonymous on [May 4, 2012 at 9:04 am](#) said:

Psychiatry is quackery. There are millions of lives that have been destroyed or diminished due to someone either believing what psychiatry told them, or psychiatry being forced on that person. The ‘schizophrenia’ label is just a pseudomedical catch all label slapped on people who have experienced extreme states of mind.

Listening to psychiatry, can be suicidal.

[Reply ↓](#)



2. Mona Casselman on [May 4, 2012 at 9:28 am](#) said:

Thank you for an excellent article. It is wonderful to see more and more research supporting recovery and restoration!

[Reply ↓](#)

3. EAS on [May 4, 2012 at 9:34 am](#) said:

I think that the other studies should always be mentioned with Harrow's study. It solves a lot of doubt. Too many people hear about Harrow's study and immediately begin mentally masturbating all the ways in which it must be wrong, "Well, duh! Of course the people who are doing better won't be taking the drugs anymore!" but if you inform them of Courtney Harding's study, the WHO outcomes, Loren Mosher's soteria project, ect, then it might really help to get people to see that this is reality and not just some possibly bogus study.

[Reply ↓](#)

4. Emma Goldman on [May 4, 2012 at 9:34 am](#) said:

Thank you for the clear arguments you made in this article. Re: the fact that "few question psychiatry with respect to schizophrenia," in my experience, few also question the assumed biological etiology of "schizophrenia." Numerous studies over the past 25 years point to the fact that the vast majority of those diagnosed with psychoses are trauma survivors. People who find ways to heal from the psychic injuries of trauma are likely among the anti-authoritarian group that does better.

[Reply ↓](#)

o Anonymous on [May 4, 2012 at 10:04 am](#) said:

"in my experience, few also question the assumed biological etiology of "schizophrenia.""

This is what disgusts me. I mean I know people hear my label and immediately assume they are talking to a biologically inferior being. You tell me what is the least bit right and just about a world where you are thrown into a degraded status, where everyone you meet assumes you're brain diseased, yet at no point in the process does a physician have to examine your brain and prove it diseased. It's obscene.

It's like the scientific racism of last century, a bunch of quack studies and received ideas circulate in society, proving exactly nothing objective, yet everyone was prepared to accept this quackery is a justification why the targeted group deserved less rights.

True believers in the notion that people labeled 'schizophrenic' by a shrink are 'brain diseased' and have 'bad genes' are just as bigoted as the people who believed in scientific racism.

It effectively says to me 'hey, we believe you're brain diseased, we believe in the future this will be proven, so it is OK with me that the inferior group loses their rights today'. Society's belief in psychiatry's 'future' proof that never comes, that is always 'around the corner', that is always coming 'tomorrow' justifies us being put in chemical chains, TODAY.

Psychiatry's never proved people with the 'schizophrenia' label have brain diseases, yet

psychiatry has peppered the media and the society at large with the innuendo and lies that we have brain diseases, and tragically, society sees it as fit and proper that there be laws enabling the government to force drugs into our brains, to have us rounded up off the street and drugged. This is because psychiatry has convinced the greater community that there are human brain diseases running around on the loose ready to do all sorts of brain disease-ey things to innocent bystanders.

Curiously it is always the bad behaviors that get blamed on the fake brain diseases, not the good behaviors. In society's easily led belief, planning a complex college massacre and training yourself to shoot people in the head accurately and carrying it out, is a symptom of a brain disease, but taking your talents to another complex task, say, composing a new social media website, is not a symptom of a brain disease, but just an action of free will. It's like a magical brain disease cult religion has permeated all over society. Bad things happen because of brain diseases, good things happen because of 'health'. Yet nowhere to be found is a single brain getting proven diseased in the context of psychiatry.

People like neat explanations. People generally don't care about the millions of people who have to be thrown under the bus for this status quo to exist.

It's obscene, you'll see how violently this ideology is pushed on people if you're ever the one forced into the mental patient role. It's like a society-wide cult. And I'm the witch in this witch hunt. I'm the one who stands to lose the basic right to not have my brain handed over to these fanatics so they can play with it like some kid with a chemistry set.

And if I found this profound degradation of my basic humanity to be so disturbing and depressing that I ended my life, my funeral would be attended by people who simply would write off my desperate decision as the 'symptom of a brain disease'. You can't win.

(I'm not about to suicide, I just used it as an example).

[Reply ↓](#)

5. Anonymous on [May 4, 2012 at 9:44 am](#) said:

The confused ideas and thoughts evident in a period of massive overwhelm are something the subject needs time and distance from to interpret for themselves and understand, to mature and move on into a solid adulthood identity. How the hell is one supposed to do that if one is drugged on major tranquilizers for years or decades? this is my interpretation of the Harrow study. It is like asking a lobotomy victim to synthesize all the loose ends of a complex experience and move forward and mature, it can't be done while impaired with psychiatric drugs.

Major tranquilizer drugs are an assault on consciousness. A diminishment of the higher functions of what defines a human being who has all of his/her cognitive function at his/her disposal. There is a reason they use these drugs on the elderly demented, to shut them up, to put them on ice, to make them sit in a chair and shut up. The first thing you learn when you're forced into psychiatry is that your current consciousness, the experience you are going through, the thoughts you are thinking right now, are so devalued and practically held in contempt by psychiatry and society at large, that society has legalized it that your consciousness be smashed with forced drugging.



The violent human rights abusing thugs society has entrusted this brutal task of consciousness smashing to, the state hospital psychiatrist, the ‘nurses’, are all too happy to use any legalized force at their disposal to ensure the targeted individual can no longer think the disapproved of thoughts, by smashing brain function with brain disabling drugs. You wind up not being able to think a great deal of thoughts really...not just the disapproved of thoughts... should I stay sitting in this chair? when is meal time? You’ll watch whatever channel is on the tv... like a pet really. In fact there are three groups of living, conscious, breathing beings in the community who have to put up with needles being shoved into them against their will, dogs and various other domestic pets and farm animals, the condemned on death row, and those psychiatry has decided to terrorize with forced drugging.

[Reply ↓](#)

6. [MIKE ZOLESKI](#) on [May 4, 2012 at 9:46 am](#) said:

Yes they do better. Being MANAGED is not the way unless Your an ACTOR, or a COMPANY or a thing . Here take One of these , don’t really care which you take just allow me and company to MANAGE Your I’m OK. Not everyone can earn a living the same way, so I forgive and Thank GOD for them and Life goes ON. Yes they do better. Being MANAGED is not the way unless Your an ACTOR, or a COMPANY or a thing . Here take One of these , don’t really care which you take just allow me and company to MANAGE Your I’m OK. Not everyone can earn a living the same way, so I forgive and Thank GOD for them and Life goes ON.

|||||

Schizophrenia Brings us to HUMAN and therefor LOVE. Trouble LOVING HUMAN? Me no not at all LOVING HUMAN is wha brought me here, GOD being GOD don’t like one LOVING HUMAN at least not while in HEAVEN. THERE YOU LOVE GOD and only GOD. So with that said, I LOVE All while I’m here on Earth and the last thing I do on EARTH is LOVE only GOD. Like a switch I’ll stop LOVING HUMANS, and there You GO . My PLAN for stopping the cycle. EARTH HEAVEN EARTH so on and so forth is a Crappy GAME and I’m MAD at myself for entering. I could’ve been An Allien had I just dared to DREAM. NO I had to resort to the old Familiar LOVE game, for lack of a better name, and return to FA king EARTH. STUPID I SAY STUPID and so that’s Me STUPID, a genius at STUPID and a GENIUS at FORGIVING so All-Good here. .. I HOPE for You:All-Good!!!!

[Reply ↓](#)

7. Anonymous on [May 4, 2012 at 10:59 am](#) said:

Another important point about the anti-authoritarian survivors who’ve had ‘schizophrenia’ labels slapped on their experiences at one time or another... of which I’m a member... it’s very important to note that a group of people who avoid psychiatry for the rest of their lives, are not going to wind up as participants or data points in a psychiatrist’s study more often than not.

So while real medicine, might be able to recruit cardiology patients and control groups, psychiatry has to deal with the fact its data sets are limited only to those who are actually prepared to consider themselves patients and still be in contact with the researchers, whereas people who recover and generally don’t associate with psychiatrists or consider psychiatry worth associating with, are not going to be equally represented in the groups under study.

But then again, problems in life never were an appropriate thing to bring under the umbrella of ‘science’ anyhow.

You don't go to an astrophysicist to fix your sink even though faucets are made up of subatomic particles. Nobody is an expert on your life and your problems except YOU.

[Reply ↓](#)

- Susannah on [May 4, 2012 at 4:15 pm](#) said:

Interesting, good point.

[Reply ↓](#)

8. [Malika Burman, MD](#) on [May 4, 2012 at 11:41 am](#) said:

As a young person growing up, I too watched family members get abused and finally put to death by a cold, unsympathetic, and incredibly narcissistic 'medical' profession. I went into this field because I knew help was needed, and I was determined to figure out, for myself, what this system was about. Naively, I did the full residency and barely survived due to the abuses inflicted even on residents who objected to the sadism and power dynamics my attendings and program directors acted out unconsciously. The more I raised the issue as a resident, the more I was silenced, threatened, and abused. I see psychotic patients now every day who are not only healthy, but powerful and effective people who have learned to use their sensitivity and genius for good. I realize now that psychiatry, Freudian in it's loyalty, is engaged in a holocaust against the most sensitive and saintly among us. Of course the system wants these people dead. These are the people we need most to guide us all to a healthier world.

[Reply ↓](#)

- Donna on [May 4, 2012 at 12:57 pm](#) said:

WOW!! GREAT COMMENT!! Could you tell us more about your practice? Have you been able to avoid psych stigmas and toxic drugs? If so, how?

[Reply ↓](#)

- [1prophetspeaks.com](#) on [May 4, 2012 at 1:21 pm](#) said:

You're exactly right. People that are spiritually sensitive are called by God to be healers – through music, prayer, intercession (prayer & their music). Many musicians and people who end up as psych patients do not know this. The healing profess do not either. Psychiatry is ATHEISTIC – Freud was an atheist – this is why they try to destroy people of faith, by FALSELY calling them schizophrenic. The people running mental health are actually devil worshippers, masquerading as atheists.

Freud said "I consider myself to be the greatest danger to religion"

Psychiatry is a device of the devil to destroy Christians & others with spiritual experiences.

Their 2nd question is always DO YOU HEAR VOICES and anyone who says they hear God or demons is thought to have auditory hallucinations, a supposed symptom of psychosis. But it is NORMAL CHristian theology to hear voices> Jesus said MY SHEEP HEAR MY VOICE John 10:27.

EVERYONE hears voices as thoughts in our heads. They come from the spiritual realm The word 'inspiration' means "a spirit goes into it".

For 50 years, psychiatry has falsely called Christians schzo, genociding them with their deadly drugs.

The nazis killed mental patients with drugs in the secret t4 euthenasia program, first exposed by Dr Peter Breggin, who has written many books warning about toxic drugs & how they cause suicide, homicide. <http://www.breggin.com>

This genocide was a stealth genocide of Christians, since they used atheistic psychaitry to call them mentally ill.

The nazi genocide of blacks, jews, christians, the poor, mentally ill & others they consider inferior has CONTINUED worldwide since before WWII, using Mental health as a COVER.

The nazis were supported by the social engineers in the US & UK who supported & still support eugenics, euthenasia, sterilization, abortion.

Their institute for racial hygiene changed the name to MENTAL HYGIENE after WWII .Mental hygiene behavioral health & mental health are all fronts for continued genocide.

See my articles:

quotes showing the real agendas behind mental health & education: they are mind control, genocide, atheism, world government.

<http://www.1prophetspeaks.blogspot.com/2011/09/quotes-showing-real-agendas-behind.html>

The same social engineers run mental health & education.

I spent 7 years teaching in public schools; I saw the atheism & mind control agendas. They have deliberately dumbed down the population, for control. They use reading methods that cause ADHD, dyslexia as an excuse to drug kids.

see article: "The Mental health system is a FRONT for nazi genocide- an eyewitness account & excerpts from the book The Men Behind Hitler – a German Warning to the world by Bernhard Shrieber."

<http://www.1prophetspeaks.blogspot.com/2011/08/mental-health-system-is-continuation-of.html>

He shows that the same folks who belong to euthenasia & eugenics groups run mental health.

Aldous Huxley wrote BRAVE NEW WORLD as a warning. he was an insider & knew the agendas of teh social engineers. It shows a fascist society where everyone is drugged. That is their goal. His brother Julian, an atheist, belonged to the eugenics & euthenasia societies & was head of UNESCO, the UN arm for education. aldous Huxley said "A scientific fascism will be easy to sell the masses".

The people running mental health are masons, illuminati & nazis.

The nazi scientists came to the US under Operation Paperclip after WWII running hte CIA & NASA> In the CIA they ran MKULTRA a program that brainwashed assassins with drugs. It was run by dr Robert Hanna Felix, a mason who also ran psych research for 32 level scottish rite masonry. He was head of the National Institute of Mental Health.

Masonry IS devil worship. I Have seen the handbook for 32 level, written by Albert Pike, a sata-st. It says “we worship the luciferian principle, but don’t tell the lowers levels this.”

Most drs are useful idiots to the occultists who run mental health; their theological ignorance has made them contribute to this genocide by falsely calling Christians & anyone with spiritual experiences, psychotic.

Drs are brainwashed in med school to believe in CHEMICAL IMBALANCES which is a BIG LIE to sell drugs. Then they brainwash the patients to believe this same nonsense.

How come so many patients CALL Themselves CONSUMERS & don’t relize they are obviously being used by BIG PHARMA to be a contrnial market for their drugs? The word SHOWS it is not about Health but MONEY.

it is all orwellian double speak, euphemistic nonsense.

Treatment is really genocide & torture. Most drs are in denial that they are harming rather than helping their patients.

Schizophrenia is a NONSENSE label. People off meds don’t recover, there is often nothing to recover FROM, in the first place.

There is such a thing as mental illness. It is caused by demonic oppression. Jesus rebuked demons & told his followers to do it. It works. I have done it. ALL mental and physical diseases are actually caused by demons whose assignments are the names of those diseases. I have rebuked canc-, asthm-, dep-ress- & been healed.

The psych meds MAKE people psychotic because ALL DRUGS are openigs for demons. This includes: caffeine, nicotine, alcohol, pot, lsd, etc & all psych meds. Llquor stores SAY wine, liquor & spirits – telling us they are openings for demons.

I had a friend years ago who when he drank beer, spoke with 2 voices, 2 different expressions – it was obvious possession. He was an inspired painter/musician who was destroyed by psych meds. (and pot, caffeine, alcohol). They are all bad.

I am a composer. Wrote music over 50 years since age 4.

As a kid, I rememember thinking “I was put on earth to do music & it’s holy”

I became a Christian at 33. God sent me into the psych system to be a witness AGAINST it & write a book FREE on my website: MANUAL for Transformational Healing-God’s Answer to Psychiatry.

It exposes atheistic psychiatry & their genocide by drugs, & tells how to heal mental & physical illness thru prayer.

God had told me prior to this, at a praYER MEETING THRU SOMEONE ELSE “i’M GONNA USE YOU TO WRITE A MANUAL”

Then a court psychologist, an atheist, sent me there, after telling me :”if you believe in the bible,

you're mentally ill."

There was NOTHING wrong with me. I was not disturbed. Once on the drugs, they harmed my creativity. I forgot my music, scriptures, couldn't pray in tongues, it blocked me from hearing music in my head – a total nightmare.

I spent 7 years in psych system as a witness. 90% of the patients I SAW were NOT ILL. They are CHRISTIANS. Some were bothered by demonic spirits, but the dr's thought that was just hallucinations; they were TELLING the dr's what was going on.

My book & articles are FREE at  
<http://www.1prophetspeaks.com>

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<http://www.1prophetspeaks.blogspot.com/2012/04/illuminati-mind-control-in-psych-drugs.html>

[Reply ↓](#)

- o [prophetess D](#) on [May 4, 2012 at 1:26 pm](#) said:

You're exactly right. People that are spiritually sensitive are called by God to be healers – through music, prayer, intercession (prayer & their music). Many musicians and people who end up as psych patients do not know this. The healing professionals do not either.

My FREE book Manual for Transformational Healing-God's Answer to Psychiatry explains this. also see article

What kind of Musician are you going to be?

<http://www.1prophetspeaks.com>

Psychiatry is ATHEISTIC – Freud was an atheist – this is why they try to destroy people of faith, by FALSELY calling them schizophrenic. The people running mental health are actually devil worshippers, masquerading as atheists.

Freud said "I consider myself to be the greatest danger to religion"

Psychiatry is a device of the devil to destroy Christians & others with spiritual experiences.

Their 2nd question is always DO YOU HEAR VOICES and anyone who says they hear God or

demons is thought to have auditory hallucinations, a supposed symptom of psychosis. But it is NORMAL CHristian theology to hear voices> Jesus said MY SHEEP HEAR MY VOICE John 10:27.

EVERYONE hears voices as thoughts in our heads. They come from the spiritual realm The word 'inspiration' means "a spirit goes into it".

[Reply ↓](#)

9. Arta on [May 4, 2012 at 12:57 pm](#) said:

As a born rebel, may I say that anti-authoritarians tend to break down because they are put under constant pressure by family, schools, society, convention etc. because they dare to speak their own mind. I spent all my childhood and youth trying to keep my self-esteem intact while grown-ups were putting me down. They managed at the end to break me and I started hearing two voices in my head. A very strange experience it was too. I recovered without any medical help or diagnosis working out for myself where I went wrong and thanks to the loving care of my parents. I became older and wiser and was never again plagued by voices.

[Reply ↓](#)

o Anonymous on [May 4, 2012 at 1:05 pm](#) said:

"became older and wiser"

This is key. See what I said in my comments above.

[Reply ↓](#)

10. [1prophetspeaks.com](#) on [May 4, 2012 at 1:29 pm](#) said:

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[Reply ↓](#)

11. [1prophetspeaks.com](#) on [May 4, 2012 at 1:48 pm](#) said:

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My FREE book Manual for Transformational healing-God’s Answer to Psychiatry addresses this. It exposes atheistic psychaitry & their genocide by drugs which are deadly by design, and tells how to heal mental & physical illness thru prayer. <http://www.1prophetspeaks.com>

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For 50 years, psychiatry has falsely called Christians schzo, genociding them with their deadly drugs.

The nazis killed mental patients with drugs in the secret t4 euthenasia program, first exposed by Dr Peter Breggin, who has written many books warning about toxic drugs & how they cause suicide, homicide. <http://www.breggin.com>

This genocide was a stealth genocide of Christians, since they used atheistic psychaitry to call them mentally ill.

The nazi genocide of blacks, jews, christians, the poor, mentally ill & others they consider inferior has CONTINUED worldwide since before WWII, using Mental health as a COVER.

The nazis were supported by the social engineers in the US & UK who supported & still support eugenics, euthenasia, sterilization, abortion.

Their institute for racial hygiene changed the name to MENTAL HYGIENE after WWII .Mental hygiene behavioral health & mental health are all fronts for continued genocide.

See my articles:

quotes showing the real agendas behind mental health & education: they are mind control, genocide, atheism, world government.

<http://www.1prophetspeaks.blogspot.com/2011/09/quotes-showing-real-agendas-behind.html>

The same social engineers run mental health & education.

I spent 7 years teaching in public schools; I saw the atheism & mind control agendas. They have deliberately dumbed down the population, for control. They use reading methods that cause ADHD, dyslexia as an excuse to drug kids.

see article: "The Mental health system is a FRONT for nazi genocide- an eyewitness account & excerpts from the book The Men Behind Hitler – a German Warning to the world by Bernhard Shrieber."

<http://www.1prophetspeaks.blogspot.com/2011/08/mental-health-system-is-continuation-of.html>

He shows that the same folks who belong to euthenasia & eugenics groups run mental health.

[Reply ↓](#)

12. [1prophetspeaks.com](#) on [May 4, 2012 at 1:48 pm](#) said:

Aldous Huxley wrote BRAVE NEW WORLD as a warning. he was an insider & knew the agendas of the social engineers. It shows a fascist society where everyone is drugged. That is their goal. His brother Julian, an atheist, belonged to the eugenics & euthenasia societies & was head of UNESCO, the UN arm for education. aldous Huxley said "A scientific fascism will be easy to sell the masses".

The people running mental health are masons, illuminati & nazis.

The nazi scientists came to the US under Operation Paperclip after WWII running the CIA & NASA. In the CIA they ran MKULTRA a program that brainwashed assassins with drugs. It was run by dr Robert Hanna Felix, a mason who also ran psych research for 32 level scottish rite masonry. He was head of the National Institute of Mental Health.

Masonry IS devil worship. I Have seen the handbook for 32 level, written by Albert Pike, a satanist. It says "we worship the luciferian principle, but don't tell the lower levels this."

Most drs are useful idiots to the occultists who run mental health; their theological ignorance has made them contribute to this genocide by falsely calling Christians & anyone with spiritual experiences, psychotic.

Drs are brainwashed in med school to believe in CHEMICAL IMBALANCES which is a BIG LIE to sell drugs. Then they brainwash the patients to believe this same nonsense.

How come so many patients CALL Themselves CONSUMERS & don't realize they are obviously being used by BIG PHARMA to be a continual market for their drugs? The word SHOWS it is not about Health but MONEY.

it is all orwellian double speak, euphemistic nonsense.

Treatment is really genocide & torture. Most drs are in denial that they are harming rather than helping their patients.

Schizophrenia is a NONSENSE label. People off meds don't recover, there is often nothing to recover FROM, in the first place.

There is such a thing as mental illness. It is caused by demonic oppression. Jesus rebuked demons & told his followers to do it. It works. I have done it. ALL mental and physical diseases are actually caused by demons whose assignments are the names of those diseases. I have rebuked canc-, asthm-, dep-ress- & been healed.

The psych meds MAKE people psychotic because ALL DRUGS are openigs for demons. This includes: caffeine, nicotine, alcohol, pot, lsd, etc & all psych meds. Llquor stores SAY wine, liquor & spirits – telling us they are openings for demons.

I had a friend years ago who when he drank beer, spoke with 2 voices, 2 different expressions – it was obvious possession. He was an inspired painter/musician who was destroyed by psych meds. (and pot, caffeine, alcohol). They are all bad.

I am a composer. Wrote music over 50 years since age 4.

As a kid, I rememember thinking “I was put on earth to do music & it’s holy”

I became a Christian at 33. God sent me into the psych system to be a witness AGAINST it & write a book FREE on my website: MANUAL for Transformational Healing-God’s Answer to Psychiatry. It exposes atheistic psychiatry & their genocide by drugs, & tells how to heal mental & physical illness thru prayer.

God had told me prior to this, at a praYER MEETING THRU SOMEONE ELSE “i’M GONNA USE YOU TO WRITE A MANUAL”

Then a court psychologist, an atheist, sent me there, after telling me :”if you believe in the bible, you’re mentally ill.”

There was NOTHING wrong with me. I was not disturbed. Once on the drugs, they harmed my creativity. I forgot my music, scriptures, couldn;t pray in tongues, it blocked me from hearing music in my head – a total nightmare.

I spent 7 years in psych system as a witness. 90% of the patients I SAW were NOT ILL. They are CHRISTIANS. Some were bothered by demonic spirits, but the dr’s thought that was just hallucinations; they were TELLING the dr’s what was going on.

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[Reply ↓](#)

13. [Jasenn Zaejian](#) on [May 4, 2012 at 1:55 pm](#) said:

In the 1980's there was a brief article published in the APA Monitor regarding an animal study seeking to determine why “patients” who have readmissions require an increasingly larger dose of anti-psychotics. It was determined from the animal brain autopsies that anti-psychotic drugs actually stimulate the creation of more of the synaptic sites that anti-psychotics are thought to suppress. The psychiatric association and the pharmaceutical industry, as you say, prefers to sweep these issues under the rug. To keep this alive I referenced this and similar studies in my recently published book, Healing Personal Psychology.

[Reply ↓](#)

14. [Discover and Recover](#) on [May 4, 2012 at 1:59 pm](#) said:

Re: The revolution in mental health care that we are seeing take place

I agree with you, Dr. Levine... many of the people involved in MindFreedom and those of us who desperately want to see real reform are seen as “anti-establishment.”

I am.

But I am also a very conservative person in many ways.

And I'm in good company.

Look no further than the most “radical” psychiatrist of our time, Peter Breggin, M.D.

He is, in my opinion a champion for human rights.

He's also very complex. He doesn't easily fit into a “radical” box.

Look no further than his books: ‘The War Against Children of Color’, followed some time later with ‘Wow, I'm an American: How to Live Like Our Nation's Heroic Founders’

So, he's a radical.

And in many ways, a political “conservative”.

As this revolution continues to gain speed; as we move toward a complete transformation of the mental health system, I hope we don't forget that the people out there who need help come from all walks of life; they have a variety of political views – some progressives, others who are Constitutional conservatives, with libertarian thoughts.

Many of our military service members and veterans have been drugged into oblivion... They don't fit into a neat and tidy political box... Many now need our support, from coming back from tours of duty... And we ought to make them feel welcome into our tent... And I know we will.

I think that if this revolution is going to be successful, we will need to begin to open the tent to all kinds of “radicals”.... including some of the most patriotic and political conservatives some of us

have ever met.

“I would remind you that extremism in the defense of liberty is no vice.” – Senator, Barry Goldwater

Duane

[Reply ↓](#)

- [Discover and Recover](#) on [May 4, 2012 at 2:20 pm](#) said:

Re: Do rebels who defy treatment do better?

Is the Pope Catholic?

Non-compliance is the essence of recovery!

Duane

[Reply ↓](#)

15. Diana Girsdansky on [May 4, 2012 at 2:05 pm](#) said:

Thanks for the informative and mostly respectful article. I know shifting one's ingrained vernacular is a challenge, but it would be most helpful and least jarring to readers who have suffered the humiliation of diagnosis, to be referred to in more careful honest language.

For example, instead of “schizophrenia patients”, you might try “people who report experiencing extreme states to doctors”, or even just “people” here and there. I imagined editing this essay and tried such substitutions in a few places where your meaning remained perfectly clear. A little effort and imagining in this area would go a long way in helping to make the shift we're all after.

Otherwise, the article is great. Thanks.

[Reply ↓](#)

- Susannah on [May 4, 2012 at 4:12 pm](#) said:

Great comment, Diana! I too am all for this conscious moving away from these terms where possible. The language we use to describe these events, situations, and people makes a big difference in how we conceive of and treat them. Thanks again.

[Reply ↓](#)

- [Discover and Recover](#) on [May 4, 2012 at 4:20 pm](#) said:

“Psychosis” is an event, not a person.

Duane

[Reply ↓](#)

- Anonymous on [May 5, 2012 at 1:45 am](#) said:

Psychosis is a label given to SOME extreme states of mind and unwanted thoughts and beliefs by psychiatry. Why even use a word thought up by a quack profession?

it just gives them oxygen and a sense of credibility, which they don't deserve.

[Reply ↓](#)

16. [Nelson Borelli, MD](#) on [May 4, 2012 at 2:49 pm](#) said:

Good piece, Thanks.

[Reply ↓](#)

17. [Frank Blankenship](#) on [May 4, 2012 at 6:27 pm](#) said:

I am a concrete example of a non-compliant patient, and a psychiatric survivor, labeled schizophrenic, and then schizo-affective who has done well. I am, let me add, in no uncertain terms, not "mentally ill". I have recovered from whatever misfortune I was previously experiencing, and I'm doing fine now. The same cannot be said for many people I have known who were taking psychiatric drugs. Some of these people are no longer with us.

[Reply ↓](#)

- [Discover and Recover](#) on [May 4, 2012 at 11:35 pm](#) said:

Frank,

Thank you for the reminder of "those no longer with us."  
And I agree, IMO recovery begins with "non-compliance".

Duane

[Reply ↓](#)

18. [Greeney](#) on [May 5, 2012 at 12:03 am](#) said:

I, too, have always believed that the people who work in the mental health system are evil, and seek to destroy good. Those who end up as victims of evil psychiatrists are always the wounded, sensitive, highly intelligent, intuitive, gentle saints and angels. That is why some drastic measures are long overdue to overthrow this corrupt regime!

[Reply ↓](#)

19. [John](#) on [May 5, 2012 at 12:45 am](#) said:

My skepticism of what psychiatrists tried to make me believe has saved my life. Four years off meds and doing well.

[Reply ↓](#)

- Anonymous on [May 5, 2012 at 1:47 am](#) said:

Congratulations on your life saving decision. You are obviously a very wise man. Enjoy to the fullest the quality of life you have salvaged for yourself. Wonderful achievement.

[Reply ↓](#)

20. [Hanne Moss](#) on [May 5, 2012 at 1:11 am](#) said:



Thank you! It is sad that it is so difficult to get those views out in the public.

Here in Norway we try to show that recovery is possible, but also here medicine and diagnoses is the main treatment. And little focus on recovery.

But open dialogue and alliances with family and friends, together with good healthworkers, can change everything!

Another good and down to earth-treatment is Basal EksponeringsTerapi (BET) (in norwegian). It is hard work, but make people challenge their fears and accept that life is painful sometimes and that we can take it – also without medication. People that has had all sorts of diagnoses, and been given up by the hospital after 10 years in and out, has been totally recovered.

This therapy started in USA in the 1970 I think, with fantastic results -but therefore it was a big threat to the Established Psychiatry and send out in the cold.

How is it today?

[Reply ↓](#)

21. Anonymous on [May 5, 2012 at 6:07 am](#) said:

Since we all know these people are killers, why are they being allowed to continue to kill us? They want to kill 25% of the population – over 12 times the people Hitler killed!

[Reply ↓](#)

22. [markps2](#) on [May 5, 2012 at 6:39 am](#) said:

Regarding “grossing \$16 billion in 2010.” I am an unmedicated schizophrenic. Schizophrenia seems obvious to me to be a trick. Those given the diagnosis of schizophrenia can not (easily) object to medication, can not refuse the diagnosis. People profit from the selling of the drug cure and treatment. Who watches the watchers?

[Reply ↓](#)

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## Calendar of Events

[APA Annual Meeting](#)

May 5, 2012, Philadelphia

[Occupy the APA](#)

May 5, 2012, Philadelphia

[Submit listings](#)

## Resources Section

This section will provide information about medication-tapering resources and services, therapeutic communities, support groups, and providers of alternative forms of care. Please see contact page to submit information.

## Community Forums

Forums to come. Please see contact page for more information.